国际护士执业水平（ISPN）考试
考生须知

International Standards for Professional Nurses
ISPN Exam Brochure
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一、CGFNS International，ISPN 项目考试定义

CGFNS International，即 Commission on Graduates of Foreign Nursing Schools International 的缩写，全称为美国外国护理院校毕业生国际委员会。该组织通过其项目和服务，来验证并提高医疗护理专业人员以理论为基础的执业能力，从而使该群体更好地在全球进行护理执业。

ISPN 项目，即 International Standards for Professional Nurses 项目，全称为国际护士执业水平考试项目。该项目通过提供国际标准，使海外受教育护理人员验证其护理水平。护理人员所在国家如授权举办考试，可直接参加考试。该项目由两部分组成：1. 一级全科护士（即注册护士）护士身份初始验证；2. 通过 CGFNS 资格考试®（CGFNS Qualifying Exam®）

二、报考资格

1. 居住在中华人民共和国境内的中国公民；
2. 具有护理专业中专以上学历；
3. 应届高校毕业生须提交毕业当年取得的执业护士资格考试合格成绩单，通过 ISPN 考试者须在一年内递交护士执业证书，获取 ISPN 合格证书。非应届高校毕业生须具有中华人民共和国执业护士资格，并经执业注册，取得护士执业证书。

三、考试时间

2018 年 3 月份的国际护士执业水平（ISPN）考试报名时间自 2017 年 12 月 6 日开始，至 2018 年 2 月 28 日截至。考试时间为 2018 年 3 月 17 日周六上午 9 点至 12 点。

报考考试具体时间请根据每年 ISPN 中国官方网站的最新公告通知为准。
四、考试考点

明确开放考点：北京。

第二批考点将依据考生报名情况安排。

考生如遇申报考点未开放情形，须服从我处调剂。不愿服从考点调剂的，务请在报名缴费前停止报名。

考场具体地址，CGFNS 中国官方代表处将于考前以电子邮件形式随准考证共同发放给各位考生。

五、网上报名

点击 https://www.cgfns.org/cerpassweb/login.jsp 该链接进入 CGFNS International 官网的用户登录界面，进行账号注册及信息填写，填写过程中请仔细填写相关信息，部分信息一旦填写有误，将无法修改，甚至影响获取证书。

ISPN 中国官方网站 www.cgfnsch.org 同时开通报考便捷通道，考生可直接进入账号登录界面。

六、考试费用及 CGFNS International 不退款政策

考试费用为 330 美元（包括资格审核相应费用），该费用随人民币美元汇率变化存在一定浮动。除此之外不再收取任何其他额外费用。该费用由考生在 CGFNS International 官方网站进行报名时，使用 Visa、Master、Discovery 类型的双币信用卡进行在线支付。

CGFNS International “不退款”政策（“no refund” policy）适用于所有项目、产品和服务。一旦订单提交，CGFNS International 将不予退还相关费用。
七、资料清单

仅需要各种证件的扫描件即可，概不接受任何原件

1. 个人身份证正反面扫描件一份；
2. 毕业证扫描件一份；（注：毕业院校护理专业最高学历毕业证）
3. 有效的护士执业证书（护士执照）扫描件一份，须包含个人照片信息页、注册有效期及执业地点页）
4. 填写完整的《国际护士职业水平考试（ISPN）考生申报情况备案表》扫描件一份（表格贴附照片为个人近期1寸彩色照片）
5. 如往年已参加过ISPN考试的考生，仅需递交中康信息备案表即可，其他文件无需再次递交

八、资料递交要求及资格审核

1. 确认网上报名并已缴费，如未缴费则不予资料审核；
2. 所需递交的审核资料须是高清全彩扫描，手机拍照件不予受理；
3. 资料扫描件压缩至一个文件夹内，文件夹统一命名为“考生姓名+订单号（Order Number）”，以邮件附件方式发送至 CGFNS 中国官方代表处官方邮箱 ispn@cgfnsch.org 邮件题目统一命名为 “考生姓名+订单号（Order Number）”，邮件内容可空白；
4. CGFNS 中国官方代表处收到考生资料并确认其已缴费后，会在 20 个工作日内开展资料审核，一旦审核通过，即以邮件形式发送审核通知，请考生注意查收。

九、照片要求

请按照 CGFNS International 对照片尺寸的要求进行照片上传，一经上传，无法修改。
照片格式要求：
1. 51*51mm 尺寸，且照片清晰易辨认，照片上不可有文字或水印等；
2. 全彩近照；
3. 照片底色为白色或灰白色；
4. 免冠，请勿佩戴眼镜或穿着制服进行拍摄；
5. 图片为小于 5MB 的 jpg 或 jpeg 格式图像文件；

十、应届毕业生参加考试

应届毕业生已通过护士执照考试，尚未获得护士执照者，凭借护士执照考试成绩单即可参加考试（该成绩单无需加盖公章）。考后如成绩通过，一年内补递交护士执照扫描件，一经审核通过，即可颁发证书。

十一、2001 年前以及部队院校毕业生

2001 年前以及部队院校毕业生学籍信息无法在学信网上进行查询，如 2001 年前以及部队院校毕业生参加考试并申请考，需提供毕业院校成绩单一份，并再次加盖学校教务处公章。邮寄所用信封封口处加盖学校公章，并将信封正反面扫描件递交进行审核。

十二、未持有护士执照

如执照遗失或正由发证机关进行年审，可先凭据由发证机关或所在医院加盖公章的证明参加考试，考试后如成绩通过，考后一年内补递交护士执照扫描件，即可颁发证书。注意：军队护士可以参加 ISPN 考试，考前递交执照彩色扫描件进行审核即可。

十三、毕业院校更名或不存在

在考后如确认通过考试，考试通过后一年内递交由该院校教务处提供、加盖公章的学校更名证明，或到该院校上级主管部门（如省卫生厅或省教育厅），请其提供正式函件以证明。
十四、考生学历

自考、成人夜校完成的大专以上学历均可直接按照正常流程进行考试报考；如最高学历为中专，可以直接参加考试，考试后如成绩通过，需要在考试通过一年以内补递交毕业院校中英文成绩单一份，邮寄所用信封封口处，还需加盖学校公章。

十五、准考证发放

CGFNS 中国官方代表处将于考前两周通过电子邮件向通过资格审核的考生发放准考证电子版，请考生注意查收。

十六、考试须携带的证件

考生参加考试必须携带证件：身份证、准考证。

十七、考试形式

考试为计算机自适应考试（Computerized Adaptive Test）形式，网络考试系统会随机为每位考生选取仅属于个人的考试题库，考试时间 3 个小时，考试题目 165 题，答对题目总数约一半以上，即可通过考试。请注意，该考试题目一旦作答，不可返回检查或修改（forwardexam），请做题时务必仔细阅题后再作答。

十八、成绩查询

考生一般可在考试结束 15 个工作日后，登陆官网 www.cgfns.org/，输入个人 CGFNS账号，进行成绩查询。成绩可查询之前，CGFNS 中国官方代表处将于 ISPN 中国官方网站发布公告予以通知。
十九、考试范围——患者需求

Client Needs Categories 患者需要种类:

The four Client Needs categories included in the test plan are: Safe, Effective Care Environment, Health Promotion and Maintenance, Psychosocial Integrity, Physiological Integrity. Below are descriptions of the areas of nursing covered by each category.

考试计划涉及四大患者需求种类：安全、有效的护理环境，健康促进与维持，社会心理完整性，生理完整性。以下是对各种类包含护理领域的阐述；
A. Safe, Effective Care Environment:

Management of Care: providing integrated, cost-effective care to clients by coordinating, supervising and/or collaborating with members of the multidisciplinary health care team. Specific areas of knowledge include, but are not limited to, advance directives, advocacy, case management, client rights, concepts of management, confidentiality, continuity of care, continuous quality improvement, delegation, ethical practice, incident/irregular occurrence/variance reports, informed consent, legal responsibilities, organ donation, consultation and referrals, resource management, and supervision.

1. 安全、有效的护理环境

护理管理：和多学科健康护理团队成员进行协调、监管和合作，为患者提供统一、有效的护理。知识特定领域包括但不限于：预设医疗指示、支持维护、病例管理、患者权利、管理概念、保密性、护理持续性、持续性质量提升、委派、道德实践、事件/非常规事件/差异报告、知情同意、法定责任、器官捐赠、会诊和转诊、资源管理和监督。

Safety and Infection Control: protecting clients and health care personnel from environmental hazards. Specific areas of knowledge include, but are not limited to, accident prevention, disaster planning, error prevention, handling hazardous and infectious materials, medical and
surgical asepsis, standard (universal) precautions, other precautions, and use of restraints.

安全和感染控制：保护患者和健康护理专业人员免于环境危险因素。知识特定领域包括但不仅限于：安全措施、灾难计划、差错预防、危险与感染物控制、内外科无菌操作、标准（通用）预防措施、其他预防措施、和束缚的使用。

B. Health Promotion and Maintenance:

Assisting client and significant others through the normal, expected stages of growth and development from conception through advanced old age. Specific areas of knowledge include, but are not limited to, aging process, ante/intra/postpartum and newborn, developmental stages and transitions, expected body image changes, family planning, family systems, and human sexuality. Also includes managing and providing care for clients in need of prevention and early detection of health problems. Specific areas of knowledge include, but are not limited to, disease prevention, health and wellness, health promotion programs, health screening, immunizations, lifestyle choices, and techniques of physical assessment.

2. 健康促进与维持

自怀孕起至年老，在预期的正常生长发育阶段，提供给患者和重要人员的帮助。知识特定领域包括但不仅限于：老化过程、产前/分娩/产后期和新生儿、发育阶段和变化、预期体态变化、规划生养、家谱和人类性行为。同样包括基于对健康问题早期诊断和预防，对患者的护理及管理。知识特定领域包括但不仅限于：疾病预防、健康保健、健康提高计划、健康检查、免疫、生活方式选取、身体评估技术。

C. Psychosocial Integrity: Promoting client ability to cope, adapt and/or problem solve situations related to illnesses or stressful events. Specific areas of knowledge include, but are not limited to, coping mechanisms, counseling techniques, grief and loss, mental health concepts, religious and spiritual influences on health, sensory/perceptual alterations, situational role changes, stress management, support systems, and unexpected body image changes. Also includes managing and providing care for clients with acute or chronic
mental illnesses. Specific areas of knowledge include, but are not limited to, behavioral interventions, chemical dependency, child abuse/neglect, crisis intervention, domestic violence, elder abuse/neglect, psychopathology, sexual abuse, and therapeutic milieu.

3. 社会心理完整性

提升患者对于疾病或应激性事件的应对、适应和/或问题解决能力。知识的特定领域包括但不限于：应对机制、建议技术、沮丧和失落、精神健康概念、宗教和精神对健康的影响，感觉/知觉改变、场景的角色转变、压力缓解、支持系统和非预期体态变化。同样包括为患有急性、慢性精神疾病的患者，提供护理和管理。知识特定领域包括但不仅限于：行为干预、药物依赖、儿童虐待/遗弃、危机干预、家庭暴力、老人虐待/遗弃、精神病理学、性虐待和治疗环境。

D. Physiological Integrity:

Basic Care and Comfort: providing comfort and assistance in the performance of activities of daily living. Specific areas of knowledge include, but are not limited to, assistive devices, elimination, mobility/immobility, non-pharmacological comfort interventions, nutritional and oral hydration, personal hygiene, and rest and sleep.

4. 生理完整性

基础护理与安慰：为进行日常生活活动而提供的安慰和辅助。知识特定领域包括但不限于：辅助器具、排泄、活动/制动、非药物性安慰措施、营养和口服补液、个人卫生、以及休息和睡眠。

Pharmacological and Parenteral Therapies: managing and providing care related to the administration of medications and parenteral therapies. Specific areas of knowledge include, but are not limited to, administration of blood and blood products, central venous access devices, chemotherapy, expected effects, intravenous therapy, medication administration, parenteral fluids, pharmacological agents and actions, side effects, total parenteral nutrition, and untoward effects.
Drug and Injection Therapy: Knowledge provided regarding administration and management of medications and injections. Specific areas of knowledge include, but are not limited to: blood and blood products management, central venous access devices, chemotherapy, expected effects, intravenous injection, medical emergency management, parenteral solutions, pharmacology and pharmacokinetics, side effects, parenteral nutrition total, and adverse reactions.

Reduction of Risk Potential: reducing the likelihood that clients will develop complications or health problems related to existing conditions, treatments or procedures. Specific areas of knowledge include, but are not limited to, alterations in body systems, diagnostic tests, lab values, pathophysiology, potential complications of diagnostic tests, procedures, surgery and health alterations, and therapeutic procedures.

Physiologic Adaptation: managing and providing care to clients with acute, chronic or life-threatening physical health conditions. Specific areas of knowledge include, but are not limited to, alterations in body systems, fluid and electrolyte imbalances, hemodynamics, infectious diseases, medical emergencies, pathophysiology, radiation therapy, respiratory care and unexpected response to therapies.

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理团队领导，对病人护理做出确保安全且具有专业水准的判断。

二十一、备考用书

1. 首版《国际护士执业水平（ISPN）考试官方指南》将于2018年出版，详细时间请关注ISPN中国官方网站的最新通知公告。

2. 英文名称：

Saunders Comprehensive Review for the NCLEX-RN® Examination

注：（1）首版《国际护士执业水平（ISPN）考试官方指南》为官方指定考试复习用书即考试大纲，主要包含ISPN考试介绍、知识要点分析、例题及模拟试题展示。
   版本更新信息请关注ISPN中国官方网站相关公告。如新版本书目发行，考生即可购买最新版本与Saunders共同作为复习参考用书；
   （2）由于ISPN考试构架与RN考试（美国全国护理局联合委员会-注册护士执照考试）互为蓝本，故NCLEX-RN相关教材可作为考生参加ISPN考试参考用书。
   如版本更新，考生可自行考虑购买。
   以上书籍，考生可在各大书店、网上商城、出版社进行购买。

二十二、历年真题

国际护士执业水平（ISPN）考试的考试形式为CAT（computerized adaptive testing），即计算机自适应考试，考试网络系统为每位考生随机选取考试题库，因此不存在考试真题。
温馨提示

获取国际护士执业水平（ISPN）考试最新动态及公告，请关注:

1. ISPN 中国官方网站：www.cgfnsch.org
2. ISPN 微信公众平台，公信号：ISPN-CGFNS

二维码